



OMH Roadshow Information Pack

About Open Mental Health

Open Mental Health (OMH) is an alliance of local voluntary organisations, the NHS and social care, County Council and individuals with lived experience of mental health in Somerset. We are working together to improve the way people in Somerset receive support with their mental health by providing access to a number of specialist services including NHS support, housing advice, debt and employment advice, volunteering opportunities, community activities, peer support and local exercise groups. We want to ensure that people in Somerset get the right support when they need it most. For further details about OMH and how we work, please visit <https://openmentalhealth.org.uk/our-approach/>

About the OMH Roadshows

The OMH Roadshows are promotional events aimed at creating community awareness about the various mental health support services available in Somerset and how to access them. The roadshows are open access with free entry to members of the public.

The first OMH Roadshow will be held in Mendip on 10th October 2022. Subsequent events will be communicated via the OMH website (www.openmentalhealth.org.uk) and the alliance's social media platforms.

Social Media

<https://www.facebook.com/OpenMentalHlthSomerset/>

<https://twitter.com/openmentalhlth>

<https://www.instagram.com/openmentalhlth/>

News post about the first event

<https://openmentalhealth.org.uk/mendip-wellbeing-roadshow/>

Resources to download

[Mendip Wellbeing Roadshow Poster A4 \(PDF\)](#)

[Mendip Wellbeing Roadshow Poster Ukrainian A4 \(PDF\)](#)

[Mendip Wellbeing Roadshow – Facebook \(PNG\)](#)

[Mendip Wellbeing Roadshow – IG \(JPG\)](#)

Social media copy

Facebook:

Are you in the Mendip area of Somerset and would like to know more about mental health services available to you and your community? On the 10th of October, Open Mental Health is organising a Wellness Roadshow to take place at The Cheese and Grain. There will be some bites to eat, something to drink and an arts exhibition featuring local artists.

Twitter:

Are you in the Mendip area and would you like to know more about mental health services available to you and your community? @OpenMentalHlth is organising a Wellness Roadshow at The Cheese and Grain on 10th October.

Instagram

Are you in the Mendip area and would like to know more about mental health services available to you and your community? Join us on the 10th of October at The Cheese and Grain.

Contact Us

Media Inquiries: info@openmentalhealth.org.uk