

Strategic Objectives

The <u>OMH</u> VCFSE Alliance, guided by <u>Experts by Experience</u>, offers mental health and wellbeing support in Somerset.

Watch this short video to discover more about our unique approach.



Three key principles underpin our work:

1. Listening to the voice of lived experience.





Taking a traumainformed approach.

Making sure everyone feels seen, heard, and valued.

For more information about Open Mental Health contact us at info@openmentalhealth.org.uk or visit our website at openmentalhealth.org.uk



Open Mental Health

Strategic Objectives for 2024-2027

Inclusivity—Bringing People Together:

We will make sure that everyone's voice is included in our work by bringing together people with lived experience, our community partners, and health and social care professionals to guide everything we do.

Evidence and Impact—to Learn and Improve:

Understanding what works best by listening to feedback and developing new ways of measuring our impact will help us improve our services and show what support is needed for the future.

Sustainability & Growth—Building for the Future:

Our partnership is here for the long run. We will strengthen our existing structure, develop new connections, and support our <u>grantfunded community projects</u> to ensure our work continues to grow and thrive.

Visibility—Raising Awareness:

To make sure people who are struggling with their mental health, and those who support them, know that we are here to help. We'll spread the word about Open Mental Health's services across Somerset.

Reach—Connecting with All Communities:

We'll work to understand community needs and make sure our support is available to everyone, everywhere in Somerset.

These strategic objectives will help our alliance provide holistic and clinically informed community care that supports the whole person and strengthens the entire mental health network of Somerset.

You can read the full strategy here.